

châlet sanatorium, and in due time I concerned myself also with the conduct of an institution for similar purposes built upon the more substantial and costly hospital-like plan, so that I might have the opportunity of comparing the results in either case, both as to the cost of erection, equipment, and administration, and in the proportion of cures and the rapidity with which they were accomplished.

The conclusions at which I arrived are as follows:—

A châlet sanatorium for from 20 to 30 patients can be erected, and equipped, at a cost of one hundred pounds a bed, inclusive of the freehold of the ground upon which it stands and a sufficient area in addition for the purposes of the treatment, and within 50 miles of a large town such as London. Whereas the amount commonly spent upon the hospital-like institution varies from three hundred to sixteen hundred pounds per patient.

The cost of maintaining the institutions is identical, at least when consumptives of the poorer classes are being provided for. In the case of well-to-do patients, requiring much domestic and nursing service, a châlet sanatorium is more expensive to conduct only in so far as the cost of these items is concerned, and I have calculated that an allowance of fifteen per cent. extra for the cost of nursing and domestic service amply covers the difference. When we consider the treatment of the consumptive poor, in an incipient stage of the disease, there is no difference in the administrative cost as between the châlet and the hospital-type sanatorium, for such patients can wait upon themselves and are independent of nursing and domestic service.

A hospital-like institution, such, for instance, as the King's Sanatorium at Midhurst or the Northwood Sanatorium costs upwards of from twelve to fifteen hundred pounds per bed as against one hundred pounds for the most efficient type of separate châlet sanatorium. The interest on the difference at 4 per cent. would provide a sum which would maintain the patients; for the cost of feeding and supervising consumptive patients of the necessitous classes, and of maintaining the institution, can be met for 25s. a week per patient. It will thus be seen that a capital sum of say £200,000, the amount generously subscribed by Sir Ernest Cassel, and devoted at the beneficent instance of the King for the purposes of the open air treatment, may be employed in three ways. First, it will suffice to erect a costly and ornate edifice to accommodate a hundred patients; or, second, it may be employed to provide a châlet sanatorium for the same

number leaving a sufficient sum to invest at three and a half to four per cent. and to provide an income in perpetuity which will pay for the treatment of 100 patients and the remuneration of the requisite staff; or, thirdly, it would suffice to provide the land and to build and equip from 10 to 20 châlet sanatoria each for a hundred patients which might be distributed over the country, and in which patients who could pay 25s. a week, or on whose behalf such a sum could be paid by relatives, employers, or charitable friends or societies, might be efficiently treated.

The limited space at my command will not suffice for a detailed description of the châlet sanatorium, or more than a brief assertion of its advantages, which latter include freedom from chilly draughts, since the windows on the exposed aspect may be closed during a storm or the prevalence of a cold wind, the others on the sheltered aspect being thrown widely open; more speedy and pronounced benefit, since the air in a room in a building is never equal in purity to that in an open field which the châlet patient enjoys; comparative freedom from hæmoptysis, night sweats and cough; and lastly though not of least importance, the comparative inexpensiveness of the châlet system.

The Nursing Exhibition.

We are glad to know that interest is being aroused in the Nursing Conference (practically illustrated) and Exhibition, which is being promoted by the Provisional Committee of the National Council of Nurses, and is to be held at St. George's Hall, Mount Street, W., towards the end of November.

The Nursing of Tuberculosis, Maternity and Mental Nursing will each be discussed in turn at the evening meetings, and some very interesting people have already consented to speak. The Exhibition will be open all day, in the afternoon it is proposed to have informal Talks on various nursing subjects, and tea will be served.

Miss Helen Todd, Matron of the National Sanatorium, Bournemouth, is interesting herself in the tuberculosis exhibit, the League of St. John's House Nurses, are busy organising the maternity section, and Miss Satchwell, Matron of the Royal Hospital, Chelsea, and late Matron of the Stirling District Asylum is advising on the nursing of mental patients. Miss Mollett is also giving her valuable help and Mrs. Fenwick, Miss Breay, and Miss Barton are making general arrangements.

It is the wish of the Committee to make the occasion one of thorough practical value to nurses and the public.

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